
Lesson no. 7.

Discipline Makes Us Successful.

Let us answer.....

A. Fill in the blanks:

1. Excuses
2. disciplined
3. muscles, self-discipline
4. everything
5. virus

B Answer the following:

1. What do we learn from ants?

Ans:- We learn the lesson 'the art of discipline' from the ants. They are well disciplined creatures. They work all in an organised manner. They never mingle their tasks. They do only the work that is assigned to them. We also learn the lesson how to live together with others and work together. They are always busy and never keep them idle.

2. Why do most of us lack of self-discipline?

Ans: Most of us lack of self-discipline as to make self - discipline need a great effort and a long period of time. Every body could not bear and meet the problems that comes to our way against the efforts of self - discipline. Regularity, continuity, patience, ability to accept facts and criticisms can not be maintained strictly by everybody, hence we are lacking self - discipline.

3. What are the ingredients of self discipline?

Ans: They are - ability to accept facts and criticisms, persistence, continuity and regularity, willing to work hard, will power and being meticulous. These six ingredients are very important to make oneself self-discipline.

4. How would India benefits if it's citizens become more discipline ? Write three points.

Ans. If all the Indians are self-discipline India will get many benefits. She will become a superpower in the world. It will be easy to compete the others in every sphere if we are self-discipline. An attitude of collective good will always provide happiness in life. It will help to increase our productive capacity which will lead to increase in the national income.

5. Why does it take time and efforts to inculcate self- discipline?

Ans: Building self-discipline is like building our body's muscles. We can't make a better muscle in a day. It always demands more time and more efforts. Without the great efforts one can not make better muscles. Basic method to build self-discipline is to start taking smaller challenges and then to increase the challenges as per it demanded. Gradual and regular efforts to make self - discipline need always time. It is impossible to do the work we need to do to make ourself discipline in a short

period of time.

Lesson no . 8.

Hard Work is The Key to Success.

A. Fill in the blanks:

1. process, character development
2. changing
3. perseverance
4. key
5. giving up

B. Answer the following questions:

1. What do you learn from the character of the ants and the grasshopper?

Ans: We learn some good lessons from the character of the ants and the grasshopper. The ant had collected grains patiently through the summer so that they would have enough to eat during the winter but the grasshopper instead of collecting grains for the future they enjoy the summer by dancing and singing the whole time. They had nothing to eat in the winter while the ants were having no problems during the winter as they already kept in the summer for winter. So we learn to work on time without delaying from the ants and grasshopper teach us that if we do not work every time on time life will be miserable in future.

2. What did Edmund Hillary say to the picture of the mountain? What did he mean by that?

Ans: He said to the pictures of the mountain; 'Mount Everest , you beat me the first time, but I will beat you next time because you have grown all you are going to grow.. but I am still growing. '

It means that if we think a goal is a challenge and work for it then it will not be difficult to get the goal. By his great efforts the silent Mount Everest was conquered.

3. How did a purpose help to work hard?

Ans: A purpose is the goal that we are to achieve in life. A goal can not get without great efforts. We need a great efforts to achieve our goals in life. A purpose may be there but it will not come alone to ones life without any efforts. Since it is the goal to achieve in life, it helps us to work as the efforts lead to success.

4. What do you learnt from the story of Ray Kroc?

Ans:- It is learnt that by hard work and great efforts without giving it up, goals are achievable easily in one's life. It is also learnt that hard work is the bedrock of success. For every goal in life , hardwork and perseverance are very much needed. Ray Kroc in the begining achieved but failures in his life. However because of his hard work and perseverance he got the success in his life.

5. What is perseverance?

Ans: It is the commitment, hardwork, patience and endurance. It is being able to bear difficulties in life without complain and it is not giving up but to try again and again till the goal is achieve.